# **Sparassis crispa** (Wulf.) Fr., the cauliflower Mushroom - a new record from Lahore, Pakistan.

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#### **Abstract**

Sparassis crispa (Wulf.) Fr., the cauliflower mushroom, with densely branched fruiting body is a unique member among aphyllophorales. The present survey study reports it for the first time from Lahore, Pakistan. It was found growing in association with *Melia azadaracta* L. trees in the University of the Punjab, New Campus, Lahore.

**Keywords:** Cauliflower mushroom, *Sparassis crispa*, Lahore, Pakistan.

### Introduction

The present communication reports the *Sparassis crispa* (Wulf.) Fr. (Cauliflower mushroom) from Lahore, Pakistan collected on 23<sup>rd</sup> July 2006 from the base of a tree of a *Melia azadarachta*. This is being reported for the first time from Lahore, Pakistan (Ahmad, 1956; Ahmad *et al.*, 1997). Previously it was reported from Swat, Northern Pakistan by Ahmad (1956; 1972) and Hattori and Murakami (1993).

Sparassis crispa (Wulf.) Fr. (Syns. Sparassis radicata, Clavaria crispa), a member of the family Sparassidaceae, order Aphyllophorales is commonly known as cauliflower mushroom. As its common name suggests, the densely branched fruiting body of Sparassis crispa resembles a cauliflower. Initially creamy-buff in color, the long-lived fruiting bodies gradually darken with age, especially along the branch edges. Sparassis crispa is believed to be parasitic on conifers. Affected trees produce annual fruiting bodies, sometimes bushel basket in size. The size, color, and flattened branched structure of the fruiting body of Sparassis crispa distinguishes it from other members of the coral group (Burdsall and Miller, 1988; Morton & Gilbertson, 1976; Ainsworth, 1973; Arora, 1991; Bas et al., 1999). It is an edible mushroom recently cultivated in Japan. It contains a remarkably high content of 6-branched 1,3-beta-D-glucan showing antitumor activity (Bas et al., 1999). They have prepared a drug currently available in the market under the commercial name of "Maitake" which is a blend of eight mushrooms, S. crispa being one of the ingredients.

## **Description**

Basidioma large coralloid and highly convoluted. Fruiting body 20 cm broad, 10 cm tall, sometimes larger, a rounded mass of flattened, wavy, leaf-like branches, white to pale yellow; branch edges discoloring brown in age;

monomitic; arising from a large root-like sterile base, the upper portion appearing chambered when sectioned, solid below; flesh white. Hymenium on the flattened surfaces of the fruiting body. Odor fragrant, somewhat spicy. Spores 5-7  $\times$  3-5  $\mu m$  elliptical, smooth, colourless and non-amyloid. Spore deposit white. Usually solitary at the base of conifers, especially Bishop and Monterey pine; fruiting from late fall to mid-winter (Arora, 1991). It usually grows from dead roots in the soil. It is fleshy and aside from washing out the insects hiding under the numerous caps it is easy to prepare and very good tasting. Edible but cleaning debris from the branches can be a deterrent.

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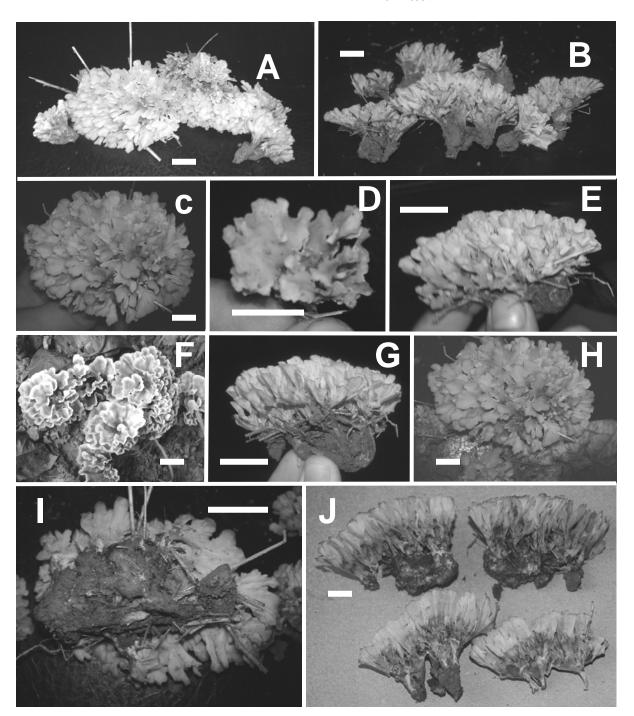


Fig. 1. A-H: Surface and side views of Sparassis crispa. I: Dorsal view of the basidiocarp showing substratum. J: Vertical section showing compact basal portion (bar=2 cm).